

## Enough Is Enough

The Republic of Ireland, which declared itself in 1949, allowed the Catholic Church to dominate its civil society and education system. Investment by American and European companies, and a welcoming tax regime, created the 'Celtic Tiger' of the 1990s. That brief burst of good fortune was destroyed by a corrupt political class which encouraged a wild property boom, leaving the country almost bankrupt. What Ireland needs now is a programme of real change. It needs to become a fully modern republic in fact as well as name. This disastrous economic collapse also allows us to think through the kind of multiculturalism that Ireland needs, and to build institutions that can accommodate the sudden influx of migrants who have come to Ireland in the past 15 years. The State should take over the entire education system, for which it pays already, and make it fit for the 21st century. The political system is dysfunctional and is one of the main causes of the debacle we have just experienced. Ireland needs constitutional reform. Politicians have been let get away with murder, and there is a fatalistic sense that nothing can change. The country needs to encourage participation in, and oversight and knowledge of politics, to make people feel that they have a right to challenge the old party machines and to make a difference. It is their country, after all.

From the star of Broadway's *The Book of Mormon* and HBO's *Girls*, the heartfelt and hilarious coming-of-age memoir of a Midwestern boy surviving bad auditions, bad relationships, and some really bad highlights as he chases his dreams in New York City With a new afterword \* "Candid, funny, crisp . . . honest and tender about lessons of the heart."--Vogue When Andrew Rannells left Nebraska for New York City in 1997, he, like many young hopefuls, saw the city as a chance to break free. To start over. To transform the fiercely ambitious but sexually confused teenager he saw in the mirror into the Broadway leading man of his dreams. In *Too Much Is Not Enough*, Rannells takes us on the journey of a twentysomething hungry to experience everything New York has to offer: new friends, wild nights, great art, standing ovations. At the heart of his hunger lies a powerful drive to reconcile the boy he was when he left Omaha with the man he desperately wants to be. As Rannells fumbles his way towards the Great White Way, he also shares the drama of failed auditions and behind-the-curtain romances, the heartbreak of losing his father at the height of his struggle, and the exhilaration of making his Broadway debut in *Hairspray* at the age of twenty-six. Along the way, he learns that you never really leave your past--or your family--behind; that the most painful, and perversely motivating, jobs are the ones you almost get; and that sometimes the most memorable nights with friends are marked not by the trendy club you danced at but by the recap over diner food afterward. Honest and hilarious, *Too Much Is Not Enough* is an unforgettable look at love, loss, and the powerful forces that determine who we become.

From award-winning author Michelle Roehm McCann comes a young activist's handbook to joining the fight against gun violence—both in your community and on a national level—to make schools safer for everyone. Young people are suffering the most from the epidemic of gun violence—as early as kindergarten students are crouching behind locked doors during active shooter drills. Teens are galvanizing to speak up and fight for their right to be safe. They don't just want to get involved, they want to change the world. *Enough Is Enough* is a call to action for teens ready to lend their voices to the gun violence prevention movement. This handbook deftly explains America's gun violence issues—myths and facts, causes and perpetrators, solutions and change-makers—and provides a road map for effective activism. Told in three parts, *Enough Is Enough* also explores how America got to this point and the obstacles we must overcome, including historical information about the Second Amendment, the history of guns in America, and an overview of the NRA. Informative chapters include interviews with teens who have survived gun violence and student activists who are launching their own movements across the country. Additionally, the book includes a Q&A with gun owners who support increased gun safety laws.

A small group of women from a reserve called Tobique embarrassed the Canadian government in front of the world and brought the plight of Native women and Native experience to the eyes of millions. These are their stories about growing up Native and female. It is the story of a struggle to end one hundred years of legislated sexual discrimination against Native women in Canada. Their struggle started with the occupation of a band office, continued with a hundred-mile march to Ottawa, and ended up in the United Nations.

A beautiful and inclusive picture book all about celebrating being yourself from Down syndrome advocate and viral sensation Sofia Sanchez! It can be hard to be different whether because of how you look, where you live, or what you can or can't do. But wouldn't it be boring if we were all the same? Being different is great! Being different is what makes you YOU. This inclusive and empowering picture book from Sofia Sanchez an 11-year-old model and actress with Down syndrome reminds readers how important it is to embrace your differences, be confident, and be proud of who you are. Imagine all of the wonderful things you can do if you don't let anyone stop you! You are enough just how you are. Sofia is unique, but her message is universal: We all belong. So each spread will feature beautiful, full-color illustrations of a full cast of kid characters with all kinds of backgrounds, experiences, and abilities. This book will also include back matter with a brief bio of Sofia and her journey so far, as well as additional information about Down syndrome and how we can all be more accepting, more inclusive, and more kind.

For everyone everywhere who has ever felt they can't take one more minute of hassle. *Enough said!*

"Wow, this devotional is meant for such a time as this! *Grace is Enough* is filled with daily truth to fight the lies of the world with God's truth, prayer and real-life encouraging messages to bring you into a life filled with His peace." - Sadie Robertson Huff For days when you're feeling stressed, worried, or simply seeking inspiration, this beautifully written women's devotional will lift you up and help you find calm amid the chaos of life today. *Grace Is Enough* is a 30-day devotional for women who are seeking to build confidence and fight anxiety with the use of God's word. Through poignant personal essays and stories from the Bible, author Courtney Fidell shares inspiring messages to help you overcome your insecurities and find freedom and peace through the power of prayer. *Grace Is Enough* features: • 30 days of devotional passages featuring the author's personal essays and Bible stories to help you ease common anxieties and insecurities, like feeling unqualified, jealous, fearful, restless, or overwhelmed • Original prayers and personal reflections to help you process your own thoughts and feelings • Modern artwork and minimalist design

Provides step-by-step instructions for keeping children safe while surfing the Internet

*Riding the Wild Ocean* is a compilation of author Paul Krantz's wildest adventures over the years, which takes us from coastal New England to the Dry Tortugas -- all in small boats under twenty-feet in length. Beyond the sheer thrill of adventure, *Riding the Wild Ocean* is a how-to manual for the serious sailor contemplating trying his or her hand at such open ocean adventuring in small boats, including how to select and equip a boat for all-weather, day and night sailing; and how to prepare one's self as well through gradual exposure to extreme conditions in controlled situations.

Discover the Secret to a Full Life We live in a world of scarcity. We say, "I don't have enough time... maybe when we have more money... if only I had a little more help..." But Scripture says if we have Jesus, we have enough. In this 6-week study of Colossians, Asheritah Ciuciu leads readers to discover the life-altering importance of Jesus' sufficiency and sovereignty. And you don't need hours a day to enjoy this Bible Study. Each day's study contains two paths: *Snack on the Go*: a bite-size morsel of truth to chew on throughout your busy day *FEAST*: a dig-deep guide to maximizing the "meat" you're getting out of your Bible study *PLUS!* a supplemental "Serving and Leading" section that includes service challenges for making theory a reality You can enjoy this study in whatever way works best for you. Discover the joy and freedom that abounds when we know deep in our hearts that Jesus truly is enough.

It's not about ketosis, calculating calories, or counting points. It's about the courage to step outside your comfort zone and get off the dieting rollercoaster. Enough is finally enough.

If you really want to meet your goal to actually maintain a healthy body size, then you must stop focusing on changing your weight and start focusing on changing yourself and your relationship with food. That's the underlying message of the Soveya Solution.

The Soveya Solution is a proven and practical system developed by Eli Glaser after his struggles with morbid obesity and the life-changing turnaround 17 years ago that enabled him to shed 130 pounds—and keep it off! Eli has mastered a unique and extremely effective approach to weight loss and lifestyle change and walks you step-by-step through this transformative process, providing highly innovative and pragmatic tools along with clear and concrete guidelines—all positioned atop a platform infused with positivity, humor and endless encouragement. Eli's vulnerability and raw honesty lend a richness and relatability that penetrates the heart of all who have shared the battle of the bulge. This groundbreaking program has impacted thousands of people around the world. It's not just a weight changer and it's not even a game changer. It's a life changer.

\*\*\* 'An astonishing accomplishment that might be the most important book we ever read, it will change the way you look at what we eat forever.' - Dr Max Pemberton 'A wonderfully written guide for anyone who wants to eat better and save the world at the same time. Essential reading for anyone who cares about the planet.' - Thomasina Miers How changing what you eat can save the planet Our food production systems are the single biggest cause of environmental change, while diseases linked to our eating habits are at epidemic levels and increasing. Enough. uses the latest scientific research to address this vital question: can we provide a growing population with a healthy diet from sustainable food systems? Fortunately for us all, the answer is yes. Enough. shows exactly how we can tackle both of these urgent, interconnected challenges at the same time. Using a seminal piece of research published in 2019, the Planetary HealthDiet (PHD), Dr Coburn reveals the hidden consequences of our food choices, and how we can easily make changes which are better for ourselves and the planet. She details which food groups we should be eating, which we should avoid - and why. Changing our way of eating is something that every one of us has the power to do. Enough. is a clear, ultimately hopeful and hugely important roadmap for both own health - and the planet's.

You are Enough explores why we have become so worried about what other people think of us, and what our infatuation with comparison can cause on physical, mental, emotional and spiritual levels. If you are sick of striving, or feeling like a perfectionist comparer, here are the practical tools for getting out of the comparison trap, so that you can learn to accept yourself as you are, and revel in the sense of peace and ease that this brings. Are you sick of giving yourself a hard time? Have you had enough of comparing yourself to others? Do you feel that nothing you do is good enough? It doesn't have to be this way. Because guess what? Your worth is innate—you can't earn it with accomplishments or by hitting your goals ... which means you can't lose it when you think you haven't done enough. It's time to let go of the negative thoughts that keep telling you that you'll only be more when you work harder ... that keep you stuck, constantly comparing yourself to those around you. It's time to understand what your body is trying to tell you when you're burning out, pushing yourself to your limits, and chasing self-worth, achievements and perfectionism. You are enough. Knowing this starts with accepting yourself. And the shift to true self-acceptance is realising you're already enough.

In this touching memoir of his boyhood on a farm in the Ozark foothills, Harry Middleton joins the front rank of nature writers alongside Edward Hoagland and Annie Dillard. It is the year 1965, a year rife with change in the world---and in the life of a boy whose tragic loss of innocence leads him to the healing landscape of the Ozarks. Haunted by indescribable longing, twelve-year-old Harry is turned over to two enigmatic guardians, men as old as the hills they farm and as elusive and beautiful as the trout they fish for---with religious devotion. Seeking strength and purpose from life, Harry learns from his uncle, grandfather, and their crazy Sioux neighbor, Elias Wonder, that the pulse of life beats from within the deep constancy of the earth, and from one's devotion to it. Amidst the rhythm of an ancient cadence, Harry discovers his home: a farm, a mountain stream, and the eye of a trout rising.

"A hard-working dad and his teenage daughter find themselves face-to-face with the growing gang warfare that threatens to rip the city apart. New blood has arrived to challenge the old guard, and now no one is safe from the struggle. Even inside the criminal organizations, tensions run high and power struggles abound. How far will one man go to keep his daughter safe and face down a street battle that's on the brink of swallowing an entire city?"

This powerful book sets out arguments and an agenda of policy proposals for achieving a sustainable and prosperous, but non-growing economy, also known as a steady-state economy. The authors describe a plan for solving the major social and environmental problems which face us today on a finite planet with a rapidly growing population. They show how we have to find ways to reverse the environmental crises, while at the same time, we have to eradicate poverty and erase the divide between the haves and the have-nots. They argue that the economic orthodoxy...

It wasn't until early 2018 that I was forced to realize that something was seriously wrong in my life. At thirty-eight years old, my relationship and marriage of over ten years fell apart. I was jobless and living on a friend's couch. I felt numb and completely lost in the world without a compass. As the months passed and I got back on my feet, I began to truly understand what had happened to me in that time. Through seeing two different therapists during and after the fallout of my marriage, it became extremely clear. I had endured a lifetime of abuse that had gone unnoticed since birth. It was covert and almost led me to suicide on more than one occasion. I had been denying my true self because of it my whole life. Through my recovery process I am now able to say, "Enough Is Enough"

The United States of America has been in trouble for a long time, but before we can correct the problems, we need to know what they are. The time has come for the people to know the truth about what is happening in our cities, our states and our country. Our government has placed an unnecessary burden upon the people of the United States by making mistakes and failing to learn from them. Now we must pay the price. We live in a FREE LAND, but we take it for granted, allowing others to work and fight for us. Instead of valuing the treasure that is freedom of speech, we contentedly stay silent. The only way to bring about the necessary change is to stand up for what we believe in and let our leaders know that we will not sit idly by while they destroy this great country. It is time we all say, "Enough is enough."

Spending time in the Pilbara region of Western Australia as part of the Aboriginal Deaths in Custody Royal Commission, Sydney lawyer Noel Olive began listening to, and then recording, the stories and experiences of the local Indigenous people. That material forms the basis of a history from an Aboriginal perspective of Aboriginal-European relations in the region, from colonial times to present day. The author previously edited a book of Aboriginal histories from the same region (Karijini Mirlimirlil FACP 1997), which was well received by reviewers and is a recommended text in both the legal profession and Aboriginal Studies courses.

**A NEW YORK TIMES BESTSELLER** From a renowned behavioral neuroscientist and recovering addict, a rare page-turning work of science that draws on personal insights to reveal how drugs work, the dangerous hold they can take on the brain, and the surprising way to combat today's epidemic of addiction. Judith Grisel was a daily drug user and college dropout when she began to consider that her addiction might have a cure, one that she herself could perhaps discover by studying the brain. Now, after twenty-five years as a neuroscientist, she shares what she and other scientists have learned about addiction, enriched by captivating glimpses of her personal journey. In *Never Enough*, Grisel reveals the unfortunate bottom line of all regular drug use: there is no such thing as a free lunch. All drugs act on the brain in a way that diminishes their enjoyable effects and creates unpleasant ones with repeated use. Yet they have their appeal, and Grisel draws on anecdotes both comic and tragic from her own days of using as she limns the science behind the love of various drugs, from marijuana to alcohol, opiates to psychedelics, speed to spice. With more than one in five people over the age of fourteen addicted, drug abuse has been called the most formidable health problem worldwide, and Grisel delves with compassion into the science of this scourge. She points to what is different about the brains of addicts even before they first pick up a drink or drug, highlights the changes that take place in the brain and behavior as a result of chronic using, and shares the surprising hidden gifts of personality that addiction can expose. She describes what drove her to addiction, what helped her recover, and her belief that a "cure" for addiction will not be found in our individual brains but in the way we interact with our communities. Set apart by its color, candor, and bell-clear writing, *Never Enough* is a revelatory look at the roles drugs play in all of our lives and offers crucial new insight into how we can solve the epidemic of abuse.

A provocative and timely call for a moral approach to economics, drawing on philosophers, political theorists, writers, and economists from Aristotle to Marx to Keynes. What constitutes the good life? What is the true value of money? Why do we work such long hours merely to acquire greater wealth? These are some of the questions that many asked themselves when the financial system crashed in 2008. This book tackles such questions head-on. The authors begin with the great economist John Maynard Keynes. In 1930 Keynes predicted that, within a century, per capita income would steadily rise, people's basic needs would be met, and no one would have to work more than fifteen hours a week. Clearly, he was wrong: though income has increased as he envisioned, our wants have seemingly gone unsatisfied, and we continue to work long hours. The Skidelskys explain why Keynes was mistaken. Then, arguing from the premise that economics is a moral science, they trace the concept of the good life from Aristotle to the present and show how our lives over the last half century have strayed from that ideal. Finally, they issue a call to think anew about what really matters in our lives and how to attain it. *How Much Is Enough?* is that rarity, a work of deep intelligence and ethical commitment accessible to all readers. It will be lauded, debated, cited, and criticized. It will not be ignored.

A #1 New York Times bestseller and Goodreads Choice Awards picture book winner! This is the perfect gift for mothers and daughters, baby showers, and graduation. This gorgeous, lyrical ode to loving who you are, respecting others, and being kind to one another comes from Empire actor and activist Grace Byers and talented newcomer artist Keturah A. Bobo. We are all here for a purpose. We are more than enough. We just need to believe it. Plus don't miss *I Believe I Can*—the next beautiful picture celebrating self-esteem from Grace Byers and Keturah A. Bobo! **A GRIPPING, FEARLESS EXPLORATION OF MASCULINITY** The effects of traditionally defined masculinity have become one of the most prevalent social issues of our time. In this engaging and provocative new book, beloved actor, director, and social activist Justin Baldoni reflects on his own struggles with masculinity. With insight and honesty, he explores a range of difficult, sometimes uncomfortable topics including strength and vulnerability, relationships and marriage, body image, sex and sexuality, racial justice, gender equality, and fatherhood. Writing from experience, Justin invites us to move beyond the scripts we've learned since childhood and the roles we are expected to play. He challenges men to be brave enough to be vulnerable, to be strong enough to be sensitive, to be confident enough to listen. Encouraging men to dig deep within themselves, Justin helps us reimagine what it means to be man enough and in the process what it means to be human.

Have you had enough? Young women today are constantly told they are not enough for this world—not pretty enough, not smart enough, not exciting enough, not spiritual enough, and just plain not good enough. The barrage is constant. The consequences are real. The damage often feels permanent. As a young woman herself, Grace Valentine has felt the pressure of trying to survive in a toxic culture, let alone thrive. But she's had enough. With an engaging combination of honesty and humor, Grace uses her story to confront the lies the world tells us every day—lies such as: You are beautiful because a guy told you so, Love must be earned, You should forget your past, You will never be enough, and more. *Am I Enough?* is a line in the sand. It's a declaration that we will never be enough for this world because we were not created for this world. Instead, Grace reminds us that we were created by Someone better for something better. We can choose the One who has chosen us—the One who says: "You are enough for Me, My child. Come as you are."

We are living in a time where people are drowning in information yet starving for wisdom and knowledge. So often we reach for answers, searching for what we don't have and overlook what is right in front or inside of us. The book title echoes the words of both Theodore Roosevelt and Muhammad Ali, respectively. "Enough IS Enough" is reminiscent of the words, "Do what you can with what you have right where you are." The Subtitle, "What's In Your S.H.O.E.?" is symbolic of the champ's famous quote, "It isn't the mountains ahead to climb that wears you out; it's the pebble in your shoe." Do you feel (i) Stuck, (ii) Moving at rapid speed but in the wrong direction, or (iii) moving in the right direction, but with a limp, because of the "pebble" in your shoe? Is there a pebble on the inside that keeps you from walking upright? Do you have to sit and take a moment to think about the Spirit, the Habits, the Point of view, and the Emotional Intelligence that goes into getting rid of that pebble? How will you acknowledge, and then make the changes necessary to shake the pebble from your S.H.O.E.? In this book Dr. Charles provides us a road map to these questions. When asked what motivated him to pen this book, Dr. Charles says, without hesitation, "so that my long road can lead to your short cut."

*Enough is Enough* revolves around actual events in May 1968. Harold Wilson knows the public thinks he's a slippery liar, the newspapers are out for his blood, and the party which once loved him is now plotting to remove him. Still, he has failed to spot at least two other conspiracies brewing. Bernard Storey, a journalist, stumbles on the rival plots and enters a world of lying and spying, back-stabbing and blackmail, malicious gossip and false intelligence.

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INSTANT NEW YORK TIMES BESTSELLER WINNER OF THE 2020 NAACP IMAGE AWARD FOR OUTSTANDING LITERARY WORK — BIOGRAPHY/AUTOBIOGRAPHY NOW OPTIONED FOR DEVELOPMENT AS A TV SERIES BY PARAMOUNT TELEVISION STUDIOS AND ANONYMOUS CONTENT “The millennial Becoming . . . Inspiring and empowering.” —Entertainment Weekly “An essential read for women in the workplace today.” —Refinery29 Part-manifesto, part-memoir, from the revolutionary editor who infused social consciousness into the pages of Teen Vogue, an exploration of what it means to come into your own—on your own terms Throughout her life, Elaine Welteroth has climbed the ranks of media and fashion, shattering ceilings along the way. In this riveting and timely memoir, the groundbreaking journalist unpacks lessons on race, identity, and success through her own journey, from navigating her way as the unstoppable child of an unlikely interracial marriage in small-town California to finding herself on the frontlines of a modern movement for the next generation of change makers. Welteroth moves beyond the headlines and highlight reels to share the profound lessons and struggles of being a barrier-breaker across so many intersections. As a young boss and often the only Black woman in the room, she’s had enough of the world telling her—and all women—they’re not enough. As she learns to rely on herself by looking both inward and upward, we’re ultimately reminded that we’re more than enough.

Behold, Adhanom's heart is groaning for the United States of America and the world at large; where injustice, wildfires, hunger, floods, hurricanes, earthquakes, unemployment, and pestilences are widespread. Enough is ENOUGH! While we were fast asleep, the Trojans came and deliberately sowed tares among the wheat, causing discord. The values on which America was founded upon are under attack, Trojans wanting to abolish faith, family, hemorrhaging the USA, and chant "Death to America." Where do you stand at this time of history? Adhanom chose to be anti-war, pro-life, pro-family, pro-military, pro-religious liberty, pro-America, and pro-God. The choice America makes will determine the direction of the whole world. The remedy for America and the world is repentance and return to the Creator and shine the light of God into the world.

What is it about the culture and structure of Parliament House that has allowed sexual violence and harassment to flourish? Jenny was a Labor MP for twenty-three years, a Cabinet minister for six years, and now gets to view the parliament through the reflective eyes of someone who is no longer there. I'm in my first term as a Labor MP. So we have a generation between the beginnings of our time in the parliament. When Jenny was first elected in 1996, I was in my final years of high school. In that time, the number of women in the Australian Parliament has increased, but unfortunately, they are still not being heard. And tragically, they are not always safe. As women, we believe in the power of politics to do good, and as feminists we recognise that politics is about power: getting it, holding onto it, and using it to improve citizens' lives. Women wielding power in Parliament House, women fighting for equality and an end to discrimination across our country, have made their mark and they have caused change. But the underlying problem of men's attitudes towards women, of men believing it is their right to assault or harass women, remains. For this to change, men will have to give up some of the harmful ways in which they use power -- in the parliament and in our community. We are calling for actions to have consequences, and for an end to a culture of political impunity. We want to seize this moment to do the unfinished work -- to make sure that women are not just in the room, but that they are safe there. We say enough is enough.

A powerful and inspiring story of self-realization and legal victory that upends our basic assumptions about sexual identity. In 1966, a male baby, Chris, was adopted by an upper-middle-class Toronto couple. From early childhood, Chris felt ill-at-ease as a boy and like an outsider in his conservative family. An obsession with sports--running, waterskiing and especially cycling--helped him survive what he would eventually understand to be a profound disconnect between his anatomical sexual identity and his gender identity. In his twenties, with the support of newfound friends and family and the medical community, Chris became Kristen. Chris had been a world-class cyclist, and now Kristen wanted to compete for her country and herself in the 2008 Beijing Olympics. She became the first athlete in the world to submit to the International Olympic Committee's gender verification process, the Stockholm Consensus. An all-male jury determined she fit their biological criteria--but the IOC ultimately objected to her use of testosterone supplements. They, and other sports bodies, regard them as performance enhancing, when in fact all transitioned female athletes need the hormone to stay healthy and to compete. So Kristen filed a complaint against the sports bodies standing in her way with the Ontario Human Rights Tribunal. And she won. *Woman Enough* is the account of a human rights battle with global repercussions for the world of sport; it's a challenge to rethink fixed ideas about gender; and it's the extraordinary story of a boy who was rejected for who he wasn't, and who fought back until she found out who she is.

Tabitha escapes a verbal abusive relationship with Clifford and relocates back home with her family. After ten months living the lonely single life Tabitha gets back into the dating scene. Tabitha is convinced that she has met the man of her dreams name Lance through a telecommunication chat line. Tabitha has to learn the hard way. Her lover has a dark secret that turns into a revolving disaster. Too late, feelings have already been established. Tabitha is not intimidated, but is torn between her own instincts and her lovers manipulative, misleading, smooth talking, pleasure seeking, and sneaky habits which mentally make it difficult for her to leave him. This lustful triangle ends with a broken heart, betrayal, and denial. How many times will Tabitha roll the dice in this discreet relationship? *When Enough Is Enough* is a scandalous, shock revealing thriller that will keep you on the edge of your seat expecting the unexpected.

Are your violence prevention and mental health efforts on campus coordinated? Are all your campus professionals aware of the system for reporting information about students who may be in distress or at-risk for harming themselves or others? Is the information reviewed and acted on? Recent campus crises have highlighted that campus administrators will be judged by three things: What the campus was doing before the crisis, its immediate response during the crisis, and the follow-up after the crisis. Born out of the call by Virginia Tech's Zenobia Hikes for urgent action to stem the tide of societal violence, and the NASPA "Enough is Enough" campaign ([www.EnoughisEnoughcampaign.org](http://www.EnoughisEnoughcampaign.org)) that she inspired, this book provides guidance on how to be proactive in preventing violence, and be prepared to provide a comprehensive response to a crisis. *Enough is Enough* presents first-hand accounts and experienced counsel from professionals who have lived through a violent incident, and continue to deal with its aftermath. They cover violence, suicide prevention, and mental health promotion in an integrated way, and offer a comprehensive plan to create a campus-wide system for collecting information about students at-risk for self-harm or violence toward others. The authors describe how to develop university-wide emergency plans, using the National Incident Management System template and involving a wide spectrum of campus services; how to create crisis response teams and victim liaison programs; offer recommendations about communication and the management of information; and address institutionally-appropriate and sensitive ways to achieve healing and recovery. The book is addressed to administrators, student affairs, services and mental health professionals, and counselors, on all the nation's campuses, elementary through post-secondary. A Joint ACPA & NASPA Publication

Read Candy Finnigan's posts on the Penguin Blog. From a nationally recognized addiction specialist featured on the A&E series *Intervention*, a comprehensive and compassionate guide to

