

Power And Everyday Practices

Rather than view social inequality as a problem for marginalized populations, *Power and Everyday Practices* turns the spotlight on the ways power and privilege are produced and reproduced in our everyday worlds

Offers advice for achieving happiness and dealing with life's obstacles through mindfulness, with strategies for cultivating this state of mind and setting up a formal daily practice routine.

This book speaks to the meanings and values that inhere in close relations, focusing on 'family' and 'kinship' but also looking beyond these categories.

Multifaceted, diverse and subject to constant debate, close relations are ubiquitous in human lives on embodied as well as symbolic levels. Closely related to processes of power, legibility and recognition, close relations are surrounded by boundaries that both constrain and enable their practical, symbolical and legal formation. Carefully contextualising close relations in relation to different national contexts, but also in relation to gender, sexuality, race, religion and dis/ability, the volume points to the importance of and variations in how close relations are lived, understood and negotiated. Grounded in a number of academic areas and disciplines, ranging from legal studies,

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sociology and social work to literary studies and ethnology, this volume also highlights the value of using inter- and multidisciplinary scholarly approaches in research about close relations. Chapter 11 is available open access under a Creative Commons Attribution 4.0 International License via link.springer.com. Takes a comparative perspective on family life and childhood in the past half century in Russia and Eastern Europe, highlighting similarities and differences. Focuses on the problematic domains of the institutions and laws devised to cope with family difficulties, and discusses the social strains created by the transition from communist to post-communist national systems. In addition to the substantial historic analysis, actual challenges are also discussed. The essays examine the changing gender roles, alterations in legal systems, the burdens faced by married and unmarried women who are mothers, the contrasts between government rhetoric and the implementation of policies toward marriage, children and parenthood. By addressing the specifics of welfare politics under the Communist rule and the directions of their transformation in 1990–2000s, this book contributes to the understanding of social institutions and family policies in these countries and the problems of dealing with the socialist past that this region face.

Power and Everyday Practices is a unique, contributed text: one that takes up

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sociological theory and methods in the approachable context of everyday objects and practices primarily through Foucaultian and Marxist lenses. Rather than focusing first on abstract concepts, many of the chapters are organized around a familiar everyday activity for students, which engages the students and seeks to 'trouble' their normative assumptions about the everyday world (for example, the chapter on coffee examines how our everyday activity of drinking coffee is linked to global economic relations and inequalities). This text uniquely focuses on 'unpacking the centre' rather than concentrating on the margins (as an example, rather than focus on people of colour, the chapter on whiteness unpacks how whiteness works to occupy the centre and thus reproduce privilege). Students are asked to explore not only why questions but also how questions; to make visible not only why things are as they are, but how they have come to be historically, socially, and culturally organized. Deftly edited by Brock, Raby, and Thomas, a group of renowned Canadian sociologists have gathered to write a perfect core text for undergraduate and graduate courses on the subject of power and inequality.

Framed around one ordinary day, this book explores daily life through the lens of liturgy, small practices, and habits that form us. Each chapter looks at something author Tish Harrison Warren does in a day—making the bed, brushing her teeth,

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losing her keys—and relates it to spiritual practice as well as to our Sunday worship.

Often condemned as a form of oppression, fashion could and did allow women to express modern gender identities and promote feminist ideas. Einav Rabinovitch-Fox examines how clothes empowered women, and particularly women barred from positions of influence due to race or class. Moving from 1890s shirtwaists through the miniskirts and unisex styles of the 1970s, Rabinovitch-Fox shows how the rise of mass media culture made fashion a vehicle for women to assert claims over their bodies, femininity, and social roles. She also highlights how trends in women's sartorial practices expressed ideas of independence and equality. As women employed new clothing styles, they expanded feminist activism beyond formal organizations and movements and reclaimed fashion as a realm of pleasure, power, and feminist consciousness. A fascinating account of clothing as an everyday feminist practice, *Dressed for Freedom* brings fashion into discussions of American feminism during the long twentieth century.

This book draws on Foucault's concept of governmentality as a lens to analyze and critique how crime is understood, reproduced, and challenged.

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Digital Photography and Everyday Life: Empirical studies on material visual practices

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explores the role that digital photography plays within everyday life. With contributors from ten different countries and backgrounds in a range of academic disciplines - including anthropology, media studies and visual culture - this collection takes a uniquely broad perspective on photography by situating the image-making process in wider discussions on the materiality and visibility of photographic practices and explores these through empirical case studies. By focusing on material visual practices, the book presents a comprehensive overview of some of the main challenges digital photography is bringing to everyday life. It explores how the digitization of photography has a wide-reaching impact on the use of the medium, as well as on the kinds of images that can be produced and the ways in which camera technology is developed. The exploration goes beyond mere images to think about cameras, mediations and technologies as key elements in the development of visual digital cultures. *Digital Photography and Everyday Life* will be of great interest to students and scholars of Photography, Contemporary Art, Visual Culture and Media Studies, as well as those studying Communication, Cultural Anthropology, and Science and Technology Studies. This book provides a critical understanding of Europeanization and statebuilding in the Western Balkans, using the notion of everyday practices. This volume argues that it is everyday and mundane events that provide the entry points to showcase a broader set of practices of Europeanization in countries outside the EU. It does this by tracing notions of Europeanization in the everyday statebuilding of Kosovo, Europe Day

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celebrations in Bosnia and Herzegovina, urban politics in Tirana, and space and place making in Skopje. In doing so, the book shows that everyday events tell us that as much as it is about changing structures, institutions, and economic models, Europeanization is also about changing behaviours and ideas in populations at large. At the same time, the work shows that countries outside the EU use everyday events to perform their belonging to Europe. This book will be of much interest to students of European Studies, Balkan politics, statebuilding, and International Relations generally. Our Unsustainable Life: Why We Can't Have Everything We Want With the concept of the Imperial Mode of Living, Brand and Wissen highlight the fact that capitalism implies uneven development as well as a constant and accelerating universalisation of a Western mode of production and living. The logic of liberal markets since the 19th Century, and especially since World War II, has been inscribed into everyday practices that are usually unconsciously reproduced. The authors show that they are a main driver of the ecological crisis and economic and political instability. The Imperial Mode of Living implies that people's everyday practices, including individual and societal orientations, as well as identities, rely heavily on the unlimited appropriation of resources; a disproportionate claim on global and local ecosystems and sinks; and cheap labour from elsewhere. This availability of commodities is largely organised through the world market, backed by military force and/or the asymmetric relations of forces as they have been inscribed in international institutions. Moreover, the Imperial

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Mode of Living implies asymmetrical social relations along class, gender and race within the respective countries. Here too, it is driven by the capitalist accumulation imperative, growth-oriented state policies and status consumption. The concrete production conditions of commodities are rendered invisible in the places where the commodities are consumed. The imperialist world order is normalized through the mode of production and living.

These original essays, which combine theoretical argument with empirical observation, constitute a state-of-the-art platform for future research in medical anthropology. Ranging in time and locale, the essays are based on research in historical and cultural settings. The contributors accept the notion that all knowledge is socially and culturally constructed and examine the contexts in which that knowledge is produced and practiced in medicine, psychiatry, epidemiology, and anthropology. Professionals in behavioral medicine, public health, and epidemiology as well as medical anthropologists will find their insights significant.

A notable contribution to our understanding of ourselves. This book explores the realm of human behavior in social situations and the way that we appear to others. Dr. Goffman uses the metaphor of theatrical performance as a framework. Each person in everyday social intercourse presents himself and his activity to others, attempts to guide and control the impressions they form of him, and employs certain techniques in order to sustain his performance, just as an actor presents a character to an audience.

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The discussions of these social techniques offered here are based upon detailed research and observation of social customs in many regions.

The field of Information Systems has been evolving since the first application of computers in organizations in the early 1950s. Focusing on information systems analysis and design up to and including the 1980s, the field has expanded enormously, with our assumptions about information and knowledge being challenged, along with both intended and unintended consequences of information technology. This prestige reference work offers students and researchers a critical reflection on major topics and current scholarship in the evolving field of Information Systems. This single-volume survey of the field is organized into four parts. The first section deals with Disciplinary and Methodological Foundations. The second section deals with Development, Adoption and Use of MIS – topics that formed the centrepiece of the field of IS in the last century. The third section deals with Managing Organizational IS, Knowledge and Innovation, while the final section considers emerging and continuing issues and controversies in the field – IS in Society and a Global Context. Each chapter provides a balanced overview of current knowledge, identifying issues and discussing relevant debates. This prestigious book is required reading for any student or researcher in Management Information Systems, academics and students covering the breadth of the field, and established researchers seeking a single-volume repository on the current state of knowledge, current debates and relevant literature.

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This book is intended for undergraduate courses in social theory for second and third year sociology students, as well as postgraduate and academic researchers.

Secondary markets include social psychology, social geography, social anthropology, cultural studies.

What do desire and passion have to do with our spiritual journey? According to A. H. Almaas and Karen Johnson, they are an essential part of it. Conventional wisdom cautions that desire and passion are opposed to the spiritual path—that engaging in desire will take you more into the world, into egoic life. And for most people, that is exactly what happens. We naturally tend to experience wanting in a self-centered way. *The Power of Divine Eros* challenges the view that the divine and the erotic are separate. When we open to the energy, aliveness, spontaneity, and zest of erotic love, we will find it inseparable from the realm of the holy and sacred. When this is understood, desire and passion become a gateway to wholeness and to realizing our full potential. The authors reveal how our relationships become opportunities on the spiritual journey to express ourselves authentically, to relate with openness, and to discover dynamic inner realms with another person. Through embodying the energy of eros, each of us can learn to be fully real and alive in all of our interactions.

In *Gesture and Power* Yolanda Covington-Ward examines the everyday embodied practices and performances of the Bisikongo people of the Lower Congo to show how their gestures, dances, and spirituality are critical in mobilizing social and political action. Conceiving of the body as the center of analysis, a catalyst for social action, and as a conduit for the social construction of reality, Covington-Ward focuses on specific flash points in the last ninety years

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of Congo's troubled history, when embodied performance was used to stake political claims, foster dissent, and enforce power. In the 1920s Simon Kimbangu started a Christian prophetic movement based on spirit-induced trembling, which swept through the Lower Congo, subverting Belgian colonial authority. Following independence, dictator Mobutu Sese Seko required citizens to dance and sing nationalist songs daily as a means of maintaining political control. More recently, embodied performance has again stoked reform, as nationalist groups such as Bundu dia Kongo advocate for a return to precolonial religious practices and non-Western gestures such as traditional greetings. In exploring these embodied expressions of Congolese agency, Covington-Ward provides a framework for understanding how embodied practices transmit social values, identities, and cultural history throughout Africa and the diaspora.

How can you help teens thrive now and for life? Support them as whole learners. Developing independence and responsibility. Collaborating and communicating effectively. Establishing valuable work habits. Harnessing emotions and motivation. In this insightful, culturally responsive guide, Poliner and Benson integrate these lifelong skills into daily practices through Practical applications for diverse populations in every class, advisory, team, or club The latest research on best practices from adolescent psychology, neuroscience, school climate Tools for teachers, administrators, counselors, and parents to help teens succeed now and later in school, home, workplace, and community. Teaching the Whole Teen supports adolescents and adults within the school to thrive.

Leisure and Power in Urban China is the first comprehensive study of leisure activities in a medium size Chinese city. Hitherto, studies of Chinese leisure have focused on holidays,

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festivals and tourism. This, however, is a study of the kinds of leisure that take place on regular workdays in a local environment of Quanzhou city. In doing so, Leisure and Power introduces leisure studies to China studies, and data from China to the field of Leisure studies. Based on interviews with people from all walks of life and case studies from bookshops, internet bars, Karaoke parlours, streets and public squares, Rolandsen brings to attention the importance of fun and socializing in the lives of Chinese urbanites. Central to the study is the contrast between popular practices and official discourse. Rolandsen provides in-depth analyses of the moralist "PRC leisure ethic" so characteristic of official Chinese publications and news media. Using examples from everyday life as a contrast, this study demonstrates that official propaganda has but little influence on how Chinese individuals lead their lives. Taking leisure as a point of departure, this book describes the new kinds of interaction between the local party-state and the population it seeks to govern. This book will be of interest to students and scholars of Chinese Studies, Leisure Studies, Urban Studies and Asian Studies in general. How do political authorities build support for themselves and their rule? Doing so is key to accruing power, but it can be a complicated affair. The European Union, as a novel political entity, faces a particularly difficult set of challenges. The Politics of Everyday Europe argues that the legitimation of EU authority rests in part on a transformation in the symbols and practices of everyday life in Europe. The Single Market and the Euro, the legal category of European Citizen and policies promoting the free movement of people, EU public architecture, arts and popular entertainment, and EU diplomacy and foreign policy all generate symbols and practices that change peoples' day-to-day experiences naturalizing European governance. The modern nation-state has long used similar strategies of nationalism and 'imagined

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communities' to legitimize its political power. But the EU's cultural infrastructure is unique, as it navigates European national identities with a particularly banality, trying to make the EU seem complementary to, not in competition with, the nation-states. While this cultural legitimation has successfully underpinned the EU's surprising political development, Europe today is more often met with indifference by its citizens rather than affection. As economic and political crises have stretched European social solidarity to the breaking point, this book offers a clear theoretical framework for understanding how everyday culture matters fundamentally in the political life of the EU, and how the construction of meaning can be a potent power resource-albeit one open to contestation and subversion by the very citizens it calls into being.

An eclectic mix of contributors share their reflections about spiritual practices in their everyday lives. Each of them describes their practice and the ways it opens them up to their hearts and souls. From chopping vegetables to creatively arranging action figures, from taking long walks to playing roller derby, these practices demonstrate the wide range of ways that we can be spiritual, and provide models for those seeking a practice of their own.

Edition statement found within text on page 4 of cover.

When Women Rise takes women on an inward journey to transcend the anxiety and fear of our times, reclaim their feminine sovereignty, and realize their soul path. With compassion and wisdom, Michele Kambolis provides daily practices that will help women overcome the barriers and limitations that have hindered their freedom and compromised their very essence. With over two decades of experience working with women at her clinical practice, as well as doctoral research in mind-body medicine, Kambolis has rooted this book firmly in the science of human possibility. Here is a fresh and empowering vision for women to come together and

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discover the highest expression of their feminine strength and natural capacity to nurture mind, body, and soul.

“This book is a breakthrough, a lyrical, powerful, science-based narrative that actually shows us how to get better (much better) at the things we care about.”—Seth Godin, author of *Linchpin* “Anyone who wants to get better at anything should read [Peak]. Rest assured that the book is not mere theory. Ericsson’s research focuses on the real world, and he explains in detail, with examples, how all of us can apply the principles of great performance in our work or in any other part of our lives.”—Fortune Anders Ericsson has made a career studying chess champions, violin virtuosos, star athletes, and memory maven. *Peak* distills three decades of myth-shattering research into a powerful learning strategy that is fundamentally different from the way people traditionally think about acquiring new abilities. Whether you want to stand out at work, improve your athletic or musical performance, or help your child achieve academic goals, Ericsson’s revolutionary methods will show you how to improve at almost any skill that matters to you. “The science of excellence can be divided into two eras: before Ericsson and after Ericsson. His groundbreaking work, captured in this brilliantly useful book, provides us with a blueprint for achieving the most important and life-changing work possible: to become a little bit better each

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day.”—Dan Coyle, author of *The Talent Code* “Ericsson’s research has revolutionized how we think about human achievement. If everyone would take the lessons of this book to heart, it could truly change the world.”—Joshua Foer, author of *Moonwalking with Einstein*

Everyday resistance is about the many ways people undermine power and domination through their routine and everyday actions. Unlike open rebellions or demonstrations, it is typically hidden, not politically articulated, and often ingenious. But because of its disguised nature, it is often poorly understood as a form of politics and its potential underestimated. Conceptualizing 'Everyday Resistance' presents an analytical framework and theoretical tools to understand the entanglements of everyday power and resistance. These are applied to diverse empirical cases including queer relationships in the context of heteronormativity, Palestinian daily life under military occupation, workplace behaviors under office surveillance, and the tactics of fat acceptance bloggers facing the war against obesity. Johansson and Vinthagen argue that everyday resistance is best understood by accounting for different repertoires of tactics, relations between actors and struggles around constructions of time and space. Through a critical dialogue with the work of James C. Scott, Michel de Certeau and Asef Bayat, they aim to reconstruct the field of resistance studies, expanding

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what counts as resistance and building systematic analysis. Conceptualizing 'Everyday Resistance' offers researchers and students from different theoretical and empirical backgrounds an essential overview of the field and a creative framework that illuminates the potential of all people to transform society. In *Everyday Food Practices*, Tarunna Sebastian examines the everyday food journeys of people in diverse metropolitan communities. Sebastian investigates how food knowledge and education inform food choices and are influenced by the media, social and familial interaction, globalised food retailers, and alternative food networks.

Presents an overview of the scientific process for those curious about science practice in today's society, and especially for those considering making a career of science.

The simple fabric face mask is a key agent in the fight against the global spread of COVID-19. However, beyond its role as a protective covering against coronavirus infection, the face mask is the bearer of powerful symbolic and political power and arouses intense emotions. Adopting an international perspective informed by social theory, *The Face Mask in COVID Times: A Sociomaterial Analysis* offers an intriguing and original investigation of the social, cultural and historical dimensions of face-masking as a practice in the age of

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COVID. Rather than Beck's 'risk society', we are now living in a 'COVID society', the long-term effects of which have yet to be experienced or imagined. Everything has changed. The COVID crisis has generated novel forms of sociality and new ways of living and moving through space and time. In this new world, the face mask has become a significant object, positioned as one of the key ways people can protect themselves and others from infection with the coronavirus. The face mask is rich with symbolic meaning as well as practical value. In the words of theorist Jane Bennett, the face mask has acquired a new 'thing-power' as it is coming together with human bodies in these times of uncertainty, illness and death. The role of the face mask in COVID times has been the subject of debate and dissension, arousing strong feelings. The historical and cultural contexts in which face masks against COVID contagion are worn (or not worn) are important to consider. In some countries, such as Japan and other East Asian nations, face mask wearing has a long tradition. Full or partial facial coverings, such as veiling, is common practice in regions such as the Middle East. In many other countries, including most countries in the Global North, most people, beyond health care workers, have little or no experience of face masks. They have had to learn how to make sense of face masking as a protective practice and how to incorporate face masks into their everyday

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practices and routines. Face masking practices have become highly political. The USA has witnessed protests against face mask wearing that rest on 'sovereign individualism', a notion which is highly specific to the contemporary political climate in that country. Face masks have also been worn to make political statements: bearing anti-racist statements, for example, but also Trump campaign support. Meanwhile, celebrities and influencers have sought to advocate for face mask wearing as part of their branding, while art makers, museums, designers and novelty fashion manufacturers have identified the opportunity to profit from this sudden new market. Face masks have become a fashion item as well as a medical device: both a way of signifying the wearer's individuality and beliefs and their ethical stance in relation to the need to protect their own and others' health. The Face Mask in COVID Times: A Sociomaterial Analysis provides a short and accessible analysis of the sociomaterial dimensions of the face mask in the age of COVID-19. The book presents seven short chapters and an epilogue. We bring together sociomaterial theoretical perspectives with compelling examples from public health advice and campaigns, anti-mask activism as well as popular culture (news reports, blog posts, videos, online shopping sites, art works) to illustrate our theoretical points, and use Images to support our analysis.

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Everyday life is defined and characterised by the rise, transformation and fall of social practices. Using terminology that is both accessible and sophisticated, this essential book guides the reader through a multi-level analysis of this dynamic. In working through core propositions about social practices and how they change the book is clear and accessible; real world examples, including the history of car driving, the emergence of frozen food, and the fate of hula hooping, bring abstract concepts to life and firmly ground them in empirical case-studies and new research. Demonstrating the relevance of social theory for public policy problems, the authors show that the everyday is the basis of social transformation addressing questions such as: how do practices emerge, exist and die? what are the elements from which practices are made? how do practices recruit practitioners? how are elements, practices and the links between them generated, renewed and reproduced? Precise, relevant and persuasive this book will inspire students and researchers from across the social sciences.

Elizabeth Shove is Professor of Sociology at Lancaster University. Mika Pantzar is Research Professor at the National Consumer Research Centre, Helsinki. Matt Watson is Lecturer in Social and Cultural Geography at University of Sheffield.

A REFRESHINGLY SIMPLE GUIDE TO RECOVER YOUR LIFE! In *Get Your Life Back*, New York Times bestselling author John Eldredge provides a practical,

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simple, and refreshing guide to taking your life back. By practicing a few wonderfully simple practices—or what John calls “graces”—you can begin to recover your soul, disentangle from the tragedies of this broken world, and discover the restorative power of beauty. Ask yourself: Are you happy most of the time? Do you feel deeply loved? Are you excited about your future? How often do you feel lighthearted? After reading this book you will... Learn how to insert the One Minute Pause into your day Begin practicing “benevolent detachment” and truly let it all go Offer kindness toward yourself in the choices you make Drink in the simple beauty available to you every day Take realistic steps to unplug from technology overload These simple practices and others are ready for the taking. You don’t need to abandon your life to get it back. Begin restoring your life here and now. Your soul will thank you for it.

Bringing together an international group of authors, this book addresses the important issues lying at the intersection between urban space, on the one hand, and incivilities and urban harm, on the other. Progressive urbanisation not only influences people’s living conditions, their well-being and health but may also generate social conflict and consequently fuel disorder and crime. Rooted in interdisciplinary scholarship, this book considers a range of urban issues, focussing specifically on their sensory, emotive, power and structural dimensions.

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The visual, audio and olfactory components that offend or harm are inspected, including how urban social control agencies respond to violations of imposed sensory regimes. Emotive dimensions examined include the consideration of people emotions and sensibilities in the perception of incivilities, in the shaping of social control to deviant phenomena, and their role in activating or suppressing people's resistance towards otherwise harmful everyday practices. Power and structural dimensions examine the agents who decide and define what anti-social and harmful is and the wider socio-economic and cultural setting in which urbanites and social control agents operate. Connecting with sensory and affective turns in other disciplines, the book offers an original, distinctive and nuanced approach to understanding the harms, disorder and social control in the city. An accessible and compelling read, this book will appeal to those engaged with criminology, sociology, human geography, psychology, urban studies, socio-legal studies and all those interested in the relationship between urban space and urban harm.

These twelve original essays by geographers and anthropologists offer a deep critical understanding of Allan Pred's pathbreaking and eclectic cultural Marxist approach, with a focus on his concept of "situated ignorance": the production and reproduction of power and inequality by regimes of truth through strategically deployed misinformation,

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diversions, and silences. As the essays expose the cultural and material circumstances in which situated ignorance persists, they also add a previously underexplored spatial dimension to Walter Benjamin's idea of "moments of danger." The volume invokes the aftermath of the July 2011 attacks by far-right activist Anders Breivik in Norway, who ambushed a Labor Party youth gathering and bombed a government building, killing and injuring many. Breivik had publicly and forthrightly declared war against an array of liberal attitudes he saw threatening Western civilization. However, as politicians and journalists interpreted these events for mass consumption, a narrative quickly emerged that painted Breivik as a lone madman and steered the discourse away from analysis of the resurgent right-wing racisms and nationalisms in which he was immersed. The Breivik case is merely one of the most visible recent examples, say editors Heather Merrill and Lisa Hoffman, of the unchallenged production of knowledge in the public sphere. In essays that range widely in topic and setting—for example, brownfield development in China, a Holocaust memorial in Germany, an art gallery exhibit in South Africa—this volume peels back layers of "situated practices and their associated meaning and power relations." *Spaces of Danger* offers analytical and conceptual tools of a Predian approach to interrogate the taken-for-granted and make visible and legible that which is silenced.

Has material civilization spun out of control, becoming too fast for our own well-being and that of the planet? This book confronts these anxieties and examines the changing

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rhythms and temporal organization of everyday life. How do people handle hurriedness, burn-out and stress? Are slower forms of consumption viable? In case studies covering the United States, Asia and Europe, international experts follow routines and rhythms, their emotional and political dynamics and show how they are anchored in material culture and everyday practice. Running themes of the book are questions of coordination and disruption; cycles and seasons; and the interplay between power and freedom, and between material and natural forces. The result is a volume that brings studies of practice, temporality and material culture together to open up a new intellectual agenda.

Engagements with the postcolonial world by International Relations scholars have grown significantly in recent years. The Routledge Handbook of Postcolonial Politics provides a solid reference point for understanding and analyzing global politics from a perspective sensitive to the multiple legacies of colonial and imperial rule. The Handbook introduces and develops cutting-edge analytical frameworks that draw on Black, decolonial, feminist, indigenous, Marxist and postcolonial thought as well as a multitude of intellectual traditions from across the globe. Alongside empirical issue areas that remain crucial to assessing the impact of European and Western colonialism on global politics, the book introduces new issue areas that have arisen due to the mutating structures of colonial and imperial rule. This vital resource is split into five thematic sections, each featuring a brief, orienting introduction: Points of departure

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Popular postcolonial imaginaries Struggles over the postcolonial state Struggles over land Alternative global imaginaries Providing both a consolidated understanding of the field as it is, and setting an expansive and dynamic research agenda for the future, this handbook is essential reading for students and scholars of International Relations alike. In this timely and thoughtful call to action, author and educator Starr Sackstein examines the critical intersection between assessment and social and emotional learning (SEL), particularly as it affects students of color and other marginalized groups. The book addresses the five SEL competencies identified by the Collaborative for Academic, Social, and Emotional Learning (CASEL)—self-awareness, self-management, social awareness, relationship skills, and responsible decision making—and explains how teaching students to develop their abilities in these areas can help them improve their learning and assessment experiences. Sackstein also raises important considerations for educators, urging them to

- * Examine their implicit biases to improve their relationships with students.
- * Deepen their understanding of the impact of grades and assessments on students' self-image and their ability to reach their full potential as learners.
- * Develop personalized assessment systems that ensure an accurate, fair, and equitable portrayal of what students know and can do.

In addition to presenting the relevant research, Sackstein draws from personal experience and the reflections of students, teachers, and administrators to present a compelling case for approaching assessment through the SEL lens. Educators at all levels who have witnessed the

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devastating effects that testing can have on students' beliefs in themselves as learners will find *Assessing with Respect* to be an invaluable guide to ensuring better outcomes—and better emotional health—for all students.

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